



## **BCMA Burnaby, New Westminster, Tri-cities Women's Branch**

### **SENIORS WELLNESS CIRCLE**

**10.00am Sharp - Exercise Class**

**11:00 am** Status of Obligatory Salah

Let us perfect our salah...

*Quran - " Verily Salah is made obligatory upon  
the believers at fixed times" { Al Nisa 103}*

*Hadith: The Prophet, Peace be upon Him, said: "Pray as you have seen me praying"  
Sahih Bukhari*

It is said "We are what we repeatedly do, Excellence, then, is not an act, but a habit"

***Healthy lunch will be served.***

**Please confirm your attendance by Sunday, April 12:**

***Hazra Ismail- 604 2942824, Fareeda Ali -604 5226755, Nisha Zuber – 604 5245197***

**Wednesday,**

**April 15, 2015**

**Masjid Al Salaam,  
Burnaby,**

**5060 Canada Way**

**10.00am to 12.30pm**